



March 12 - 14, 2010

**A Workshop with Jacki Belle
at The Leaven Center**

Forgive for Life

THE WAY OF RELEASING RESENTMENT



LEAVEN
P.O. Box 97
Lyons, MI 48851

Forgive for Life

THE WAY OF RELEASING RESENTMENT

March 12 - 14, 2010

You can register
online with a
Visa/MC or
Discover



Checks should be made to Leaven
and mailed with this form to: Leaven,
P.O. Box 97, Lyons, MI 48851

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: (home) _____ (work) _____ (e-mail) _____

Roomate Requested: _____

Amount of deposit enclosed: \$ _____ (Deposit will be refunded only if you notify
us at least 14 days in advance of the event. For Canadian checks, indicate "U.S. FUNDS.")

 Will you need a barrier free room? _____ Do you have any dietary needs? _____

For additional information, see the website
at www.leaven.org,

e-mail leavencenter@leaven.org,
or call us at 989/855-2606.



The Leaven Center Lodge

Participants will stay at the Leaven Center Lodge. The ground floor is barrier-free. The 25-acre property has meditative paths that wind through meadows and alongside the Grand River. There is a spring-fed stream, a pond, and 1,000 feet of river frontage.

The Leaven Center near Lyons, Michigan, is administered by Leaven, a non-profit organization committed to nurturing the relationship between spirituality and social justice. The Leaven Center welcomes people of all races, ethnicities, abilities, sexual orientations, and faith traditions.

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Forgive for Life: The Way of Releasing Resentment

Are you on a justice journey? Do you seek to experience and offer healing of past and present wounds?

Join others seeking the spiritual freedom that only forgiveness can bring. In this dedicated space and time, attendees will explore the promise of creating forgiving lives so that we — like leaven — may experience and offer transformation in this world. Such lives disrupt the impact of seemingly endless cycles of imperfection, personal trauma, family violence and social oppression. This approach to forgiveness holds together the necessity of honesty about pain's impact, the liberation of compassion's insights, and the mystery of our interdependent lives. The way of releasing resentment is the way of **moving forward** creatively to live full lives of peace, compassion and justice-making.

This retreat will offer opportunities to:

- ✦ Gain a new definition of forgiveness which is freshly empowering and practical;
- ✦ Apply this definition experimentally and rigorously throughout the weekend;
- ✦ Share stories of resilience and encouragement;
- ✦ Experience meditation, journaling and other reflection exercises;
- ✦ Design next steps which support and enhance well-being.

This event is gender inclusive.

LEADER: Jacki Belile
TIME: Friday, 7:00 p.m.-Sunday, 1:00 p.m. (includes lunch)
COST: \$190 (\$75 deposit + \$115 balance due) Scholarships available.



JACKI BELILE is an ordained American Baptist minister and certified empowerment coach. She is the founder of Living Well Ministries, which creates sacred space for transformation through spiritual life coaching, classes and retreats. Jacki has led classes and retreats on wellness, LGBTA spiritual journeys and forgiveness since 2002. Her local and long-distance coaching clients often focus on forgiveness in their work with her.